

# YMCA of Michiana 2016 Youth Indoor Soccer Rules

- 8 Min. quarters
  - Running clock
  - Clock stops for injury and end of quarter
- No score will be kept
- Hockey style substitutions
- Every player must have equal playing time.
- The coaches and refs will agree on how many players will be on the field at any time based on the number of players who are there for the game.
- Forwards may not cross red line on their defending side
  - If player violates this rule an indirect kick will be awarded to the opposition
- Defenders may not cross red line on offensive side
  - If player violates this rule an indirect kick will be awarded to the opposition
- No player other than the goalie may enter the box immediately outside the goal
- If a participant's play is deemed unsafe to either them or other players, the referee will stop play and award the ball to the opposition (high kick, attempting to kick the ball while on the ground, etc.)
- When passed by the goalie, the ball may not go over the half court line on the fly
  - If this does occur, a free indirect kick will be awarded to the opposition in the center circle
- Any defensive violations inside the larger Goalie box will result in a penalty shot
- Shin-Guards are strongly encouraged

Most importantly, players are required to HAVE FUN!

Sportsmanship and team spirit are important!