

Tips on Coaching Practices

- Recruit a “Team Organizer” to communicate all essential information.
- Have a practice plan. Be prepared to adapt from practice plan based on player readiness and focus.
- Recruit volunteer parents to bring a healthy snack.
- Bring the right equipment.
- Arrive early.
- Perform a safety check of facilities and equipment.
- Stick to the Schedule!
- Meet the parents and enlist their help of parents.
- Provide equal practice time.
- Mix skilled and not-so skilled players to keep everyone moving forward.
- Be encouraging. Find something good to say about each child’s performance.
- Discuss the upcoming game.

Tips on Coaching Games

- Have a game plan and lineup prepared.
- Arrive early.
- Perform a safety check of facilities and equipment.
- Introduce yourself to the other coaches, official, and time and score keepers.
- Give a pregame talk. Be encouraging.
- Execute the game plan. Mix players to create fluid combinations that keep everyone moving forward.
- Give a postgame talk. Find something good to say about each child’s performance.