Required First Aid Kit Contents

- Non-latex (single-use) gloves
- Blankets, towels, pillows
- Bandage scissors, forceps, tweezers, safety pins
- Dressing and bandages of assorted sizes
- · Adhesive tape of various widths
- · Tweezers for removing splinters
- Cotton swabs
- Mild antiseptic soap solution
- Antiseptic wipes
- Disposable drinking cups
- A flashlight or penlight
- Glucose or sugar
- Cold packs
- Triangular bandages
- Incident/accident reports, paper, pencils
- Emergency telephone numbers