



2017 YMCA YOUTH FUTSAL RULES

I. PLAYING TIME

- a. All players must receive equal playing time regardless of previous experience or skill level.
- b. Playing time may not be limited by a player's inability to attend practice.

II. YMCA SPORTS PLEDGE

- a. All players and parents will recite the YMCA sports pledge before every game:
 - i. Win or lose I pledge before God to play the game as well as I know how, to respect the rules and official, to be a good sport at all times, and to improve myself in spirit, mind and body.

III. EQUIPMENT

- a. All players must wear shin guards for practices and games
- b. All players must wear a YMCA outdoor jersey that is white/blue short-sleeve reversible
- c. All jewelry must be removed for games
- d. All players must wear tennis shoes or indoor soccer shoes

IV. TEAM SIZE AND COACHES

- a. 3 & 4 year old league plays with 4 players per team on the field.
 - i. Teams may begin a game with a minimum of 3 players.
 - ii. One coach may be on the field during game play to assist the kids
- b. 5 & 6 year old league plays with 5 players per team on the field.
 - i. Teams may begin a game with a minimum of 4 players.
 - ii. One coach may be on the field during game play to assist the kids

V. GOALKEEPERS

- a. 3 & 4 and 5 & 6 year old leagues do not have a goalkeeper position
 - i. No player may use their hands during game play in the field of play
 - ii. Players must remain at least 5 feet outside their defensive goal and may not "camp out" in front of the goal they are defending

VI. COURT SIZE

- a. 3 & 4 and 5&6 year old league plays on a Standard basketball court

VII. THE BALL

- a. 3 & 4 year old league plays with a size 3 futsal soccer ball
- b. 5 & 6 and 7 & 8 year old leagues play with a size 4 futsal soccer ball

VIII. GOAL SIZE

- a. 3 & 4 and 5 & 6 year old leagues play on a goal that is 6'0" wide and 4'0" high

IX. SUBSTITUTIONS

- a. Substitutions may be made at any dead ball situation by the coach
- b. There are an unlimited number of substitutions.
- c. All players must play a minimum of one half of each game. No individual player may play the entire game.

X. DURATION OF GAME

- a. 3 & 4 year old league games will consist of four equal quarters of 6 minutes each
- b. 5 & 6 year old league games will consist of four equal quarters of 7 minutes each
- c. A 10 minute forfeit period will be enforced from the games scheduled start time
 - i. After this period, a forfeit will be declared in the case of a team not fielding enough players
 - ii. The players in attendance will be divided up and a scrimmage will be held

XI. OFFICIAL GAME CLOCK

- a. The official game time will be kept by the official
- b. The game time is a running clock with no stoppage time added
- c. No overtime will be played during regular season games
 - i. For tournament games, see the Tournament rules below

XII. SCORING AND STANDINGS

- a. 3 & 4 and 5 & 6 year old leagues will not keep score and will not keep league standings

XIII. KICK OFFS

- a. 3 & 4 and 5 & 6 year old league games will begin each quarter with a kick off at center field
 - i. The team wearing the Blue jersey will kick off in the 1st and 3rd quarters
 - ii. The team wearing the White jersey will kick off in the 2nd and 4th quarters
- b. During every kick off- the defending team must be at least 10 yards away from the kicker and on their defensive side of the field

XIV. OFFSIDES

- a. 3 & 4, 5 & 6 year old leagues do not have an off sides rule

XV. TIME OUTS

- a. For every age league, each team will be allowed 1 timeouts per half in each game.
- b. Time outs will each last 30 seconds and cannot be carried over from the first half to the second.

XVI. SLIDE TACKLING

- a. There is no slide tackling of any kind allowed

XVII. HEADING THE BALL

- a. There is no heading of the ball allowed at any time

XVIII. OUT OF BOUNDS

- a. A ball that travels out of bounds on a side will result in a kick in for the team that did not kick it out of bounds
 - i. The spot of the kick in must be at or behind the spot where the ball traveled out of bounds
- b. A ball that travels out of bounds on a baseline after last being touched by the offensive team will result in a goal kick
 - i. A goal kick is to be made from the front of the goal box by any player on the defending team
- c. A ball that travels out of bounds on a baseline after last being touched by the defending team will result in a corner kick
 - i. A corner kick will be made from the corner of the field nearest to where the ball traveled out of bounds by any member of the offensive team

XIX. FOULS AND PENALTIES

- a. Fouls will be called by the official and will result in a direct free kick.
 - i. Fouls can include, but are not limited to, actions to intentionally handle the ball, heading the ball, tripping, slide tackling, physically impeding another player, or any other rough or dangerous play
 - ii. All free kicks will be considered direct and may be scored directly from the free kick
 - 1. Players on the defending team must be at least 10 yards away from the kicker
- b. Any player not adhering to the rules of play and conduct may be asked by the official to sit out for 5 minutes. If the same player is asked by the official to sit out again that player will sit out for the rest of the game.

XX. TOURNAMENTS

- a. There are no tournaments to be offered for 3-6 years of age

XXI. INCLEMENT WEATHER or facility Emergencies

- a. Decisions on cancelling games due to inclement weather will be made at least 45 minutes prior to game time. **No inclement weather is to be expected in an indoor played sport, however, in the case of indoor related facility issue, weather or emergency, here are the precedence of play;**
 - i. Inclement weather can include, but is not limited to, hazardous road conditions, tornado warnings, or earthquakes
 - ii. Game cancellations will be announced on the ygametime scheduling websites, through text message alerts, and at the YMCA membership services desk

Indoor games will not be postponed and or suspended due to an Outside heat index. Games will only be postponed or rescheduled due to facility emergencies.

XXII. SPECTATORS

- a. All spectators are expected to follow the Parents Code of conduct.
- b. No tobacco, alcohol or drug use is permitted.
- c. Spectators, coaches and players will sit on designated sides of the field:

- i. The team wearing White will occupy the North or West side of the field, depending on field orientation
- ii. The team wearing Blue will occupy the South or East side of the field, depending on field orientation
- d. Spectators are not allowed behind the goal or along the baseline during game play
- e. Spectators are not permitted on the field during game play. In the event you are needed on the field, such as a player injury, the officials will signal for you to come onto the field
- f. At any time a spectator or coach is found violating the parents code of conduct, that spectator may be removed from the premises and have their attendance privileges revoked.

XXIII. MISCELLANEOUS

- a. The rules listed above will be the official playing rules for all YMCA of Greater Tulsa youth soccer
- b. Games cannot be protested due to any circumstances. The ruling of the officials is final.
- c. Games cannot be rescheduled due to a team's conflict with the posted schedule
- d. Team rosters must consist of a certain number of players as specified by the sports director.