

**Family YMCA of Fayette County  
Volunteer Application**

**Volunteers' Name:**      First \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_

**Home Address:** \_\_\_\_\_ **City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Cell Number:** \_\_\_\_\_ **Alternate Number:** \_\_\_\_\_

**Birthday:** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ **E-mail Address:** \_\_\_\_\_

**Interest:**      **Head Coach**      **Assistant Coach**      **Key Volunteer**  
(Please circle one)

**Adult T-shirt Size:**      **Small**      **Medium**      **Large**      **X-large**      **2 X-large**      \_\_\_\_\_ **X-large**  
(Please circle one)

**Before allowing anyone to volunteer for YMCA programs we review the Illinois Sex Offenders Register. Do you give the Family YMCA of Fayette County consent to conduct a back ground check?**

**[ ] Yes or [ ] No      Please provide your Social Security Number:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**The Family YMCA of Fayette County's mission statement is: "To put Christian principles into practice through programs that build a healthy spirit, mind and body for all."**

**Our goals: "We build strong kids, strong families and strong communities."**

**Our four core values are: Caring, Honesty, Respect and Responsibility**

**Our volunteers are expected to uphold our mission, goals and core values. It is also very important to the YMCA that the kids come first. Many times we have been on the sidelines and heard parents and coaches complain about something that really makes no difference to the kids. We require that our volunteers be advocates for the YMCA and to help where they can to discourage negative behavior towards our organization.**

**When coaching, we also expect that you conduct practices for your team that will give them the best chance to succeed. Please follow all rules set forth for your league.**

**It is the policy of the Family YMCA of Fayette County that tobacco use is prohibited by employees, program participants, parents, friends and family of program participants, spectators, members, visitors, coaches, contracted personnel vendors, and volunteers on property owned by Family YMCA of Fayette County and also during events sponsored by the Family YMCA of Fayette County at other locations.**

- **This policy applies to all tobacco products including cigarettes, cigars, pipes, herbal**

**tobacco products, chewing tobacco, electronic cigarettes, hookahs, and medical marijuana.**

- **Smoking and/or the use of tobacco products is prohibited inside the Family YMCA of Fayette County and on any and all grounds, parking lots, as well as inside any personal vehicles while parked on property owned by Family YMCA of Fayette County.**
- **Smoking and/or the use of tobacco products is prohibited during events sponsored by Family YMCA of Fayette County on other grounds not owned by Family YMCA of Fayette County.**
- **There are NO designated smoking areas anywhere on Family YMCA of Fayette County property.**
- **All Family YMCA of Fayette County employees are expected to honor and communicate this policy with courtesy and diplomacy to fellow employees, program participants, visitors, members, contracted personnel vendors, and volunteers.**
- **There shall be no cigarette butt receptacles or ashtrays on Family YMCA of Fayette County property**
- **Any person not in compliance with this policy will be asked to comply or to leave the property by a Family YMCA of Fayette County employee if compliance is not achieved.**

**I, \_\_\_\_\_ have read, understand and agree to the above volunteering requirements.**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

## **YMCA's Staff Commitment**

The Family YMCA of Fayette County will make every attempt to ensure you have what you need to succeed as a volunteer/coach of our programs. We have several resources that we can e-mail or print for each program that can provide you help in coaching your team and/or administering an event.

### **Items we will provide:**

- Names and contact information for your players
- Practice facilities
- Equipment (let us know if you need something) – please return at end of season
- Rules
- Umpires/Officials/Referees if used
- Schedules
- Player shirts/jerseys
- Player medals at the end of the season
- Volunteer training opportunities

We are also available to discuss any of your concerns. You may call Amber Daulbaugh @ 618-283-1258 or [adaulbaugh@fayetteymca.com](mailto:adaulbaugh@fayetteymca.com). She can set up a meeting with staff, the program committee or the Board of Directors.

What we in the YMCA want youth sports to be is stated in these Seven Pillars of YMCA Youth Sports:

1. **Everyone plays.** We do not use tryouts to select the best players, nor do we cut kids from YMCA Youth Super Sports. Everyone who registers is assigned to a team. During the season everyone receives equal practice time and plays at least half of every game.
2. **Safety first.** Although some children may get hurt playing sports, we do all we can to prevent injuries. We've modified each sport to make it safer and more enjoyable to play. We ask you to make sure the equipment and facilities are safe and to teach the sport as we've prescribed, so that the skills taught are appropriate for children's developmental level. We ask you to develop your players' fitness levels gradually so they are conditioned for the sport. And we ask you to constantly supervise your young players so that you can stop any unsafe activities.
3. **Fair play.** Fair play is about more than playing by the rules. It's about you and your players showing respect for all who are involved in YMCA Youth Super Sports. It's about your being a role model of good sportsmanship and guiding your players to do the same. Remember, we're more interested in developing children's character through sport than in developing a few highly skilled players.
4. **Positive competition.** We believe competition is a positive process when the pursuit of victory is kept in the right perspective. The "right perspective" means adults make decisions that put the best interests of the children above winning the contest. Learning to compete is

important for children, and learning to cooperate in a competitive world is an essential lesson of life. These are the lessons we want to teach through YMCA Youth Super Sports.

5. **Family involvement.** YMCA Youth Super Sports encourages parents to be involved appropriately along with their child's participation in our sport programs. In addition to parents being helpful as volunteer coaches, officials and timekeepers, we encourage them to be at practices and games to support their child's participation. To help parents get involved appropriately, YMCA Youth Super Sports offers parent-orientation programs.

6. **Sport for all.** YMCA Youth Super Sports is an *inclusive* sport program. That means that children who differ in various characteristics are to be included rather than excluded from participation. We offer sport programs for children who differ in physical abilities by matching them with children of similar abilities and modifying their sport. We offer programs to all children regardless of race, gender, religion or ability. We ask our adult leaders to support and appreciate the diversity of children in our society and to encourage the children and their parents to do the same.

7. **Sport for fun.** Sport is naturally fun for most children. They love the challenge of mastering the skills of the game, of playing with their friends, and of competing with their peers. Sometimes when adults become involved in children's sport, they over-organize and dominate the activity to the point of spoiling children's enjoyment of the sport. If we take the fun out of sport, we are in danger of our children taking themselves out of sport. Remember, that these sports are for the kids; let them have fun.

#### The true meaning of fair play

YMCA sports are based on the concept that fair play is the very essence of competition. Everybody should have an equal opportunity to compete and a fair chance to win. This fundamental virtue is a special inherent attribute of sport.

Fair play implies respect for oneself, one's opponent and others involved in conducting the competition. Players, coaches, officials and spectators share a responsibility for fair play. Fair play sets the game above the prize.

The YMCA believes that its sports programs provide an excellent means of developing a predisposition to play fairly. As this virtue develops, it can influence behavior in everyday life.

The YMCA also believes that its sports programs can help people to grow personally, clarify values, improve relationships, appreciate diversity, develop leadership skills and have fun.

It is for the development of such virtues that the YMCA promotes its sports programs.

#### Summary of principles

YMCA of the USA encourages its member YMCAs to provide sports programs that:

- Emphasize sportsmanship, fair play and teamwork
- Emphasize the values of caring, honesty, respect and responsibility
- Keep winning in perspective
- Enable all participants to play in every game
- Include family involvement

- Include coaches and officials training
- Emphasize safety and age-appropriate progressive skill development
- Emphasize using volunteers as coaches and officials
- Are open to all segments of the community

### Character development

The YMCA believes that character development is an essential element of its sports programs.

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|------------------|--|
| • Caring         | To be sensitive to the well being of others involved in the sports program                           |
| • Honesty        | To have integrity, making sure that one's actions match one's values through participation in sports |
| • Respect        | To value the worth of every person, including oneself, one's teammates, opponents and officials      |
| • Responsibility | To be accountable for one's behavior and obligations   |



### YMCA Pledge

Win or lose,  
I pledge before God,  
to do my best,  
to be a team player,  
to respect my opponents,  
teammates and officials,  
and to improve myself,  
in spirit, mind, and body.