Aiken County Family YMC Augusta South Family YMC Camp Lakeside Child Development Center Marshall Family YMCA North Augusta Family YMCA Participant's Name:	North Jefferson Family YMCA Riverfront YMCA Steiner Branch Family YMCA Thomson Family YMCA Wilson Family YMCA	T-shirt Size: (circle one) Youth: S (size 6-8) M (size10-12) L (size 14-16) Adult: Other Size: Participant Birth Date
Program Name:		
Program Specific Level:		Current Age:
Session / Time (where applicable):		
Do you have a Coach Preference? Yes□ No□ If yes, list preference here:		
Do you have a Team Preference? Yes□ No□ If yes, list preference here:		
What is the Child's skill level? (Youth Sports Only) Beginner (Never Played)		
Address:	City: State:	Zip:
Email:	Phone:	
Emergency Contact:		
Name:	Phone: Relationsh	nip:
Does the participant have allergies? Yes□ No Does the participant have any medical conditions that may affect his or her participation in this program? Yes□ No		•
PARENT'S INFORMATION (if participant is a child)		
Parent's Name:	Primary Phone:	
Address:	City:	State: Zip:
Would you like to be a Yes No PARENT MUST SIGN WAIVER OF LIABILITY ON BEHALF OF A CHILD. STATE IDENTIFICATION IS REQUIRED FOR ALL PARTIPANTS/PARENTS OVER 18.		
PHOTO RELEASE		
I/we agree that the Family Y and YMCA of the USA may photograph or videotape me/us, and the Family Y and YMCA of the USA may use those photographs or video footage for its marketing purposes. I/we release the Family Y and YMCA of the USA from any claim or liability related to that use, waive all claims for myself/ourselves, my/our heirs and assignees against the individual Family Y and YMCA of the USA staff persons.		
Signature:	Nate.	

PARENT & ATHLETE CONCUSSION INFORMATION SHEET



A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

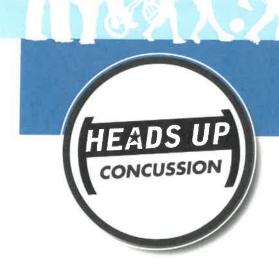


Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

DID YOU KNOW?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased riskfor another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.



SYMPTOMS REPORTED BY ATHLETE:

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall





"IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON"