## YMCA YOUTH FLOOR HOCKEY RULES CHEAT SHEET

	PreK – Kindergarten	1 <sup>st</sup> /2 <sup>nd</sup> Grade
COURT SIZE	Half-court basketball, sideways	Full-court basketball
NUMBER PLAYERS	Min: 3	Min: 4
	Max: 4	Max: 6
	No goalie	Yes goalie
REFEREES	None provided	None provided
	Coach refs	Coach refs
GAME DURATION	Four 8-minute quarters	Four 8-minute quarters
	Four 1 minute timequite nor	Four 1 minute timequite nor
	Four 1-minute timeouts per team per game	Four 1-minute timeouts per team per game
	team per game	team per game
	1-minute break between	1-minute break between
	quarters	quarters
	'	'
	5-minute halftime	5-minute halftime
	Time continues to run	Time continues to run
OVERTIME	None	None
IN BOUNDS VS OUT	Walls, doors, corners are In	Walls, doors, corners are In
	Play	Play
	Face off if puck is trapped	Face off if puck is trapped
	Face-off if puck is trapped	Face-off if puck is trapped
	Caroms allowed	Caroms allowed
START OF PLAY	Face-off at center court	Face-off at center court
	Players cannot score from	Players cannot score from
	Face-off	Face-off
RULES OF PLAY	Puck cannot be moved by	Puck cannot be moved by
	player's foot (violation:	player's foot (violation:
	uncontested face-off)	uncontested face-off)
	Off-sides will be called	Off-sides will be called
	(violation: uncontested face-	(violation: uncontested face-
	off)	off)
	,	,
	Offense: full team may press	Offense: full team may press
PENALTIES	Rough play, high-sticking,	Rough play, high-sticking,
	checking, unsportsmanlike play	checking, unsportsmanlike play
	Violation: Free Shot granted to	Violation: Free Shot granted to
	non-offending team	non-offending team