

YMCA YOUTH FLOOR HOCKEY

RULES CHEAT SHEET

	PreK – Kindergarten	1st/2nd Grade
COURT SIZE	Half-court basketball, sideways	Full-court basketball
NUMBER PLAYERS	Min: 3 Max: 4 No goalie	Min: 4 Max: 6 Yes goalie
REFEREES	None provided Coach refs	None provided Coach refs
GAME DURATION	Four 8-minute quarters Four 1-minute timeouts per team per game 1-minute break between quarters 5-minute halftime Time continues to run	Four 8-minute quarters Four 1-minute timeouts per team per game 1-minute break between quarters 5-minute halftime Time continues to run
OVERTIME	None	None
IN BOUNDS VS OUT	Walls, doors, corners are In Play Face-off if puck is trapped Caroms allowed	Walls, doors, corners are In Play Face-off if puck is trapped Caroms allowed
START OF PLAY	Face-off at center court Players cannot score from Face-off	Face-off at center court Players cannot score from Face-off
RULES OF PLAY	Puck cannot be moved by player's foot (violation: uncontested face-off) Off-sides will be called (violation: uncontested face-off) Offense: full team may press	Puck cannot be moved by player's foot (violation: uncontested face-off) Off-sides will be called (violation: uncontested face-off) Offense: full team may press
PENALTIES	Rough play, high-sticking, checking, unsportsmanlike play Violation: Free Shot granted to non-offending team	Rough play, high-sticking, checking, unsportsmanlike play Violation: Free Shot granted to non-offending team