**YMCA Fall Recreational Soccer 2025**

*Season Dates: September 8 – October 18*  
*First Games Begin: Saturday, September 13*

**Welcome to YMCA Recreational Soccer!**

We’re excited to have you and your player join us for another season of fun, teamwork, and development. Please **read through the information below carefully** and **save this page** for reference throughout the season.

**📩 Contact Information**

* **Morgan Gregg**, Sports Director  
  📧 Email: morgan.gregg@helenaymca.org  
  📞 Call/Text: 406-594-9149 *(Evening calls welcome)*  
  📞 Office: 406-437-1595

*Note: Replying to automated emails does* ***not*** *reach Morgan. Please email or call directly.*

**📅 Key Dates**

* **Season Runs:** September 8 – October 18
* **First Games:** Saturday, September 13
* **Picture Days:** To be announced (currently being scheduled)
* **Jersey Distribution:** Given to coaches before the first game
  + Players registered after **August 9** may receive a close alternate size if original size is unavailable

**📌 Where to Find Schedules & Practice Info**

**🔽 Practice Info**

* Please review your registration email or our welcome email to view your scheduled practice time

**🔗 Game Schedule**

* Click the Sports/ Programs section on YGametime
* Once on the page, scroll down and choose your league in the Fall Soccer 2025 bracket
  + Schedules are **drafts** and may change slightly
  + Some teams may have **Bye Weeks** due to odd-number team numbers
  + Coaches may arrange **make-up games** during a practice slot by coordinating with other coaches *(not scheduled by the YMCA)*

**⚽ What to Bring**

Each player should bring a labeled soccer ball:

* **Kindergarten–3rd Grade:** Size 3
* **4th–5th Grade:** Size 4

🎒 If purchasing a ball is a financial burden, please contact Morgan. We have spare equipment available for families in need.

**🧑‍🏫 Coaching Info**

* Coaches are assigned on a **first-come, first-served** basis
* If you volunteered but aren’t listed as the coach, your help is still welcome—reach out to your team's coach to assist
* Concerned about a schedule conflict? Please email Morgan to see what adjustments can be made

**🔄 Why Your Practice Slot May Have Changed**

Practice times occasionally shift due to:

* Coach availability
* Carpool/teammate requests
* Team balancing or roster changes  
  If you absolutely cannot attend your assigned practice, email morgan.gregg@helenaymca.org as soon as possible.  
  Refunds are available **prior to the first game only**.

**🌦️ Weather & Air Quality**

**Weather Cancellations**

Games and practices may be canceled due to:

* Heavy rain
* Lightning
* Snow
* Standing water or frozen fields

The YMCA will **reschedule** any weather-related cancellations

**Air Quality**

We monitor air conditions using the [Montana DEQ Air Quality App](https://mtdeq.us) (click on "Helena").

* Activities are canceled if air is in the **high orange or red zones**
* Children and staff in **sensitive groups** should stay home if air is even in the **yellow zone**
* On game day, all players are welcome to play **regardless of practice attendance**

**🔔 Stay Informed – Sign Up for Alerts**

To receive real-time updates on **weather cancellations**, visit your team’s **Game Schedule page** and click the **“Sign up for alerts”** link.

**🗺️ Field Maps & Manuals**

Helpful resources are available through our YMCA sports website:

**How to Access:**

1. Google: “**Helena Y Gametime**”
2. Click **Coaches Corner**
3. Scroll to the **Soccer** section

There you’ll find:

* **Players & Coaches Manual**
* **Field Maps & Layouts**

Thank you for being a part of the YMCA! We’re looking forward to a fantastic soccer season.

**Helena Family YMCA | Y Gametime**  
*"You know how they say that 'youth is wasted on the young'? Well, I say don't let the wisdom of age be wasted on you." – Ted Lasso*

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