



YOUTH FLAG FOOTBALL LEAGUE

The Indian Land YMCA Youth Flag Football League is for ages 3-11. This program is a youth recreational league that allows participants of all levels a chance to play. At the Y, every child plays at least half of every game. The leagues will emphasize football skill development, good sportsmanship,

REGISTRATION

August 12th — October 6th

AGE DIVISIONS

Age determination is based on the age of the participant
As of December 20, 2025.

- 3 & 4 Coed (Practice/Play)
- 5 & 6 Coed (Practice/Play)
- 7 & 8 Coed
- 9-10 Coed
- 11 & 12 Coed

REGISTRATION FEE

Members: \$75 Non-Member: \$150

PRACTICES AND GAMES

One hour practices are scheduled Monday-Thursday between 5:30pm-9:00pm beginning with 7 & 8 coed teams.

3-4 and 5-6 age divisions will use practice/play, meaning they have a 20-minute practice followed by a game each Saturday.

All age groups will play games on Saturdays.

YMCA-PROVIDED EQUIPMENT

Jerseys, Shorts, and Socks
(will receive before first games)



YOUTH FLAG FOOTBALL LEAGUE SEASON INFORMATION



PRACTICES AND GAMES

Practices for ages 7-12 will start the week of October 20– 24

Games for Ages 7-12 will start October 28th.

Ages 3-4 & 5-6 Practice/Games will start on Saturday, November 1st.

Please Note: We will **NOT** have practice on the week of Thanksgiving, November 24-29. There will be **NO** practices or games.

Last Games/Awards Day: December 20th

Volunteer Opportunities

Children are not the only key component of YMCA Youth Sports Programs. The YMCA relies on dedicated adult volunteers to provide leadership as coaches, officials, score keepers, and team parents and assist with fundraising campaigns. Your time and talents are needed at the YMCA.

Other Information

Sick Policy: If your child is showing any flu like symptoms, please do not attend practice or games. Your child may return to practice and games when there are no symptoms.

Weather Policy: Games and Practices are subject to be canceled due to weather. Games and practices may not be made up and no refunds will be given due to weather.

Contact Information : Dennis Auz, Sports Director E dennisauz@ymcaup.org

