

Dear Coach,

Thank you so much for volunteering to coach Youth Basketball at the YMCA! Volunteer coaches like you are the backbone of our program, helping us keep activities affordable and accessible to everyone in our community. Your time and effort are truly appreciated.

Below is some essential information for the upcoming season:

Required Trainings

CDC Concussion training: [HEADS UP to Youth Sports Coaches: Online Concussion Training | HEADS UP | CDC](#)

YMCA Sexual Abuse Prevention training: [Sexual Abuse Prevention](#) (You must create a guest account to access this training)

YMCA Sports Coaching (optional): [YMCA Youth Sports – Volunteer Training](#)

Please note we have been having difficult time with the YMCA website. If you cannot get access to the Sexual Abuse Prevention training, please review the Abuse Prevention Policy and Y Gametime and send us a signed copy.

Coaching Bags and Jerseys

- **Pickup Date:** An email will be sent out prior to the first game
- You **do not** need an access card for the school gyms
- Jerseys will be provided in the closest sizes available. Due to late registrations, exact sizes may not always be available.
- If you need your items sooner, please let us know!

Coaching Resources

The YMCA offers resources like rule cheat sheets, a basketball manual, and practice plans for all age groups. These can be found on YGametime under the “Coach’s Corner” section.

- **Link:** [Coach's Corner | Helena Family YMCA | YGametime](#)
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Games and Practices

- If you're unable to attend a game or practice, reach out to your team to arrange coverage. We recommend designating a backup parent at your first practice.
 - A YMCA Sports Coordinator will be present at games to assist families and manage the schedule.
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Additional Information

- **Snacks:** The YMCA does not assign a snack schedule. If you'd like to organize post-game snacks, it's up to you.
 - **Picture Days:** Picture schedules will be release at least 1 week prior to the scheduled photo day
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Thank you again for your dedication to coaching this season! If you have any questions or concerns at any time, feel free to reach out to me.

Contact Information:

- Email: sports@helenaymca.org
- Call/Text: **406-437-1595**

We're looking forward to an exciting season and appreciate your support!

Best regards,
Ashley Callison
Helena Family YMCA